

EXPLORE PARRAMATTA

EXPLORE TASTE DISCOVER PARRAMATTA

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PARRAMATTA
1800-000000-0000 AUSTRALIA'S NEXT GREAT CITY



WELCOME TO PARRAMATTA

Parramatta is a city which is easy to explore with many of the best highlights within walking distance. You can hop on the free city shuttle or if you walk or cycle there is something for all ages and fitness levels.

The river is a great place to start with a leisurely, flat route from Parramatta Park to the Baludarra Wetlands along the wide cycling and walking paths. The route extends 10kms to Sydney Olympic Park. If you cycle without stopping it will take about two hours to do the return trip or you can go one way and catch the ferry back.

Cycling and history can be combined on a free Heritage Ride with many

itineraries to choose from, most taking around two hours.

Walking allows you to immerse yourself in the hidden lanes and colonial gems to discover the places and stories of the city.

Walk and cycle

Bring your own bike or hire one from **39 Addventagous** to explore the city on two wheels. As Australia's first city to be built on a grid pattern, it's also simple to navigate by walking. See overleaf for the **Discover walking route**, detailed opposite. You can also walk the **Heritage Ride route** to see many of the historic highlights of Parramatta.

ONE DAY IN THE CITY

Put on your walking shoes or hop on a bike to discover the history of Parramatta, with some foodie stops along the way



Parramatta is a place of stories. The city is home to thousands of years of Indigenous history and, at just 10 months younger than Sydney, it is the second settlement to be established by Australia's British colonists. Make your way around the city in one day, either on foot or by cycling - many of the city's highlights are in close proximity.

8am: Start your story at **35 Circa Espresso**. This vibrant café spills out from the garage of a terrace-style house. Make sure to arrive before 10am as the hotspot quickly fills with locals. Alternatively, try the local iteration of **48 Bourke Street Bakery** for great coffee and baked goods.

9am: Stroll or ride your bike to **37 St John's Cemetery**, the oldest existing European burial ground in Australia, and try to spot the **Old Parramatta Fire Station Mural** on Church Street along the way. When you're there, seek out the resting places of Sydney suburb namesakes D'Arcy Wentworth of Wentworthville, John Harris of Harris Park and Mary Kelly of Kellyville.

10am: Duck over to **51 St John's Anglican Cathedral**, which is the oldest continuous place of worship in Australia, or trace the history of the country's oldest mainland military barracks at the nearby **33 Lancer Barracks**.

10.30am: Head to World Heritage-listed **7 Parramatta Park**, stopping at public art along the way. Make a detour past **52 Eels**, **54 Flock** and the **61 Justice Precinct Artworks**, taking in the tales they represent.

11am: For seven decades, **6 Old Government House** was the country residence of the first 10 NSW governors. To really appreciate the surrounding **7 Parramatta Park**, take a walk or a ride around the 2km **4 Inner Loop** or 2.9km **3 Outer Loop** path. If you've got kids in tow, have them burn off some energy at **8 Domain Creek Playground**.

12pm: Take some time to bask in the sun and have some lunch at **9 Parramatta Park Café**. Tuck into the Portuguese chicken burger or grilled barramundi fillet.

1pm: Starting at the bold **66 Lennox Bridge**, continue to **26 Hambledon Cottage** via the **68 Aboriginal interpretive pathway** on the riverbank. The artworks on the pathway give insight into the interactions between the early settlers and the Aboriginal people.

1.30pm: **25 Elizabeth Farm Cottage**, built in 1793, is the oldest European dwelling in Australia. Now it's a hands-on museum, meaning there are no locked doors or fragile pieces of furniture. Once you're done,

enjoy afternoon tea at the on-site tea room while the kids try their hand at colonial games such as hoop and stick, quoits and croquet.

2.30pm: Arrive at **27 Experiment Farm Cottage**, where James Ruse proved in 1791 that a new settler could farm the land and be self-sufficient. Take a guided tour or browse the permanent display in the cellar, which tells the story of the site from Indigenous and colonial occupation to the present day.

3pm: Follow the path along the river to **24 Whitlam Institute at the Female Orphan School**. Take the Parramatta Campus Heritage Walk to explore the Female Orphan School, Infants and Primary School, Vernon Building and the Boilerhouse.

4.15pm: Head towards **46 Parramatta Wharf** via the river, keeping an eye out for more public art along the way.

5pm: Stop in at **21 Port Bar** or **56 BAR:30** for pre-dinner drinks. Next, head to dinner at one of many restaurants on Church Street, see what's showing at **67 Riverside Theatres** or, if the time's right, take advantage of one of the city's award-winning festivals.

GETTING TO AND AROUND PARRAMATTA

There are so many ways to get to Parramatta, a city which is easy to explore either on foot or by bicycle

Drive in

Parramatta is well-served with major road connections. There are several parking stations around Parramatta, many of which offer pre-booking discounts. There are also paid and free street parking spots in the city.

City shuttle bus

It's easy to get around on the free CBD shuttle bus route that runs from 8am to 4pm. Highlights along the route include Church Street, the ferry wharf, Phillip Street and Westfield.

Find your way

To find public transport routes to Parramatta, visit the Transport for NSW website at transportnsw.info. You can also call the Transport Infoline at any time on 131 500 for help and information. City of Parramatta Council has useful transport information on its website: cityofparramatta.nsw.gov.au

Visitor information

Our friendly hosts and guides are located in the Parramatta Heritage and Visitor Information Centre (346A Church Street, 8839 3311) overlooking the Parramatta River. Roaming the city's CBD, they also provide a meet and greet service at the ferry wharf.



LET IT SURPRISE YOU

The best of Parramatta is waiting to be discovered

Foodie highlights

For breakfast or an energising coffee, try **42 Paper Plane Café** on Horwood Place, nearby **40 St Drogo's**, or **43 Harvest Nourishing Food**, all great for coffee or breakfast. **41 Badmanner Thymes Espresso** also serves a scrumptious breakfast.

Harris Park is known as 'Little India', and you'll see why if you head there for delicious Indian food. **28 Indian Chopsticks** is one of Sydney's few Indo-Chinese restaurants, **30 Chatkazz** has great vegetarian food, or try the delicious meals at **29 Haveli Indian Restaurant**.

Parramatta's dining scene is ready to surprise you, with hotspots including **65 The Emporium**, with its airy courtyard, and **5 Lachlan's Restaurant** in Old Government House. **1 Gatehouse Tea Rooms** does high tea, and **64 Restaurant 317** is renowned for gluten-free Italian.

Parramatta precincts

Parramatta's rich heritage is spread across four precincts. Each can be explored in roughly two hours.

1. Harris Park Precinct: This area includes heritage cottages such as **25 Elizabeth Farm Cottage**, **27 Experiment Farm Cottage**, and **26 Hambledon Cottage**.

2. Parramatta Park Precinct: **7 Parramatta Park** is a World Heritage-listed site, including **6 Old Government House**.

3. North Parramatta Precinct: Colonial sites such as the **24 Female Orphan School** and the **11 Female Factory Precinct** can be found here.

4. City Precinct: The city limits include many significant landmarks, such as **51 St John's Anglican Cathedral** and **37 Cemetery**, **33 Lancer Barracks** and **60 Brislington**.

Get active at the lake

12 Lake Parramatta Reserve has plenty to keep you active. Walk along the She-Oak track, Banksia Track or Lake Circuit Track, or head to **13 Parramatta Rowboats** to hire a rowboat, pedal boat, canoe, kayak or stand-up paddleboard. **14 Lake Parramatta Café** is on site. There's also exercise equipment and running routes in **7 Parramatta Park**.

Fun for kids

There are plenty of places for the kids to play. **8 Domain Creek Playground** has a flying fox, slides, swings and trampolines. There's a playground near the George Street entry to **7 Parramatta Park**. **19 CBD River Foreshore Park**, features a sand and water play area, rope bridge, commando net and a slide.

Heritage ride

Take the Heritage Ride to witness Parramatta's history. Follow the **Heritage Ride** path on the map, or book in to be guided around the city to sites including the **24 Female Orphan School**, **33 Lancer Barracks**, and **37 St John's Cemetery** at parramattaheritagerides.net.

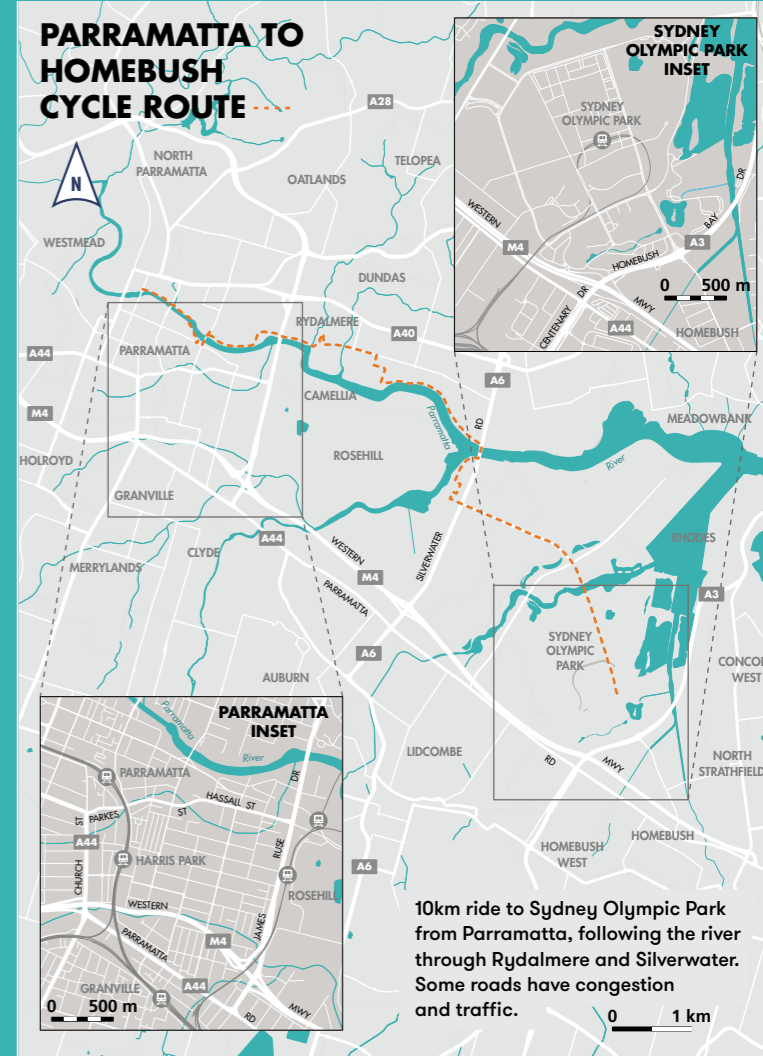
Olympic Park ride

You can also jump on a bike and head to Sydney Olympic Park. It's a 10km ride one-way, along roads with some traffic. There are also cycle paths in the Olympic Park to explore. Visit the park's website for more information.

Parramatta Park walks

For a green city escape, choose from the 2km **4 Parramatta Park Inner Loop walk** or 2.9km **3 Parramatta Park Outer Loop walk**.





10km ride to Sydney Olympic Park from Parramatta, following the river through Rydalmere and Silverwater. Some roads have congestion and traffic.

MAP KEY

- TASTE
- DISCOVER Discover walk
- EXPLORE Visitor information centre
- CYCLE Heritage cycle route
- ➔ Free shuttle stop
- ➔ one way loop
- 🚉 Train station
- 🚌 Bus interchange
- ⚓ Ferry wharf

- ### EXPLORE
- Get active while you get to know the City of Parramatta.
- 3** Parramatta Park Outer Loop walk, A 2.9km walk around the park. Starting point, follow the signs
 - 4** Parramatta Park Inner Loop walk, A 2km walk around the park. Starting point, follow the signs
 - 7** Parramatta Park, cnr Pitt & Macquarie Sts, 9895 7500
 - 8** Domain Creek Playground, Parramatta Park, 9895 7500
 - 12** Lake Parramatta Reserve, Lackey St, 9806 5050

- 13** Parramatta Rowboats, To hire a rowboat, pedal boat, canoe, kayak or stand-up paddleboard to use on the lake. Lackey St, 0416 444 001
- 18** PH Jeffery Reserve, Tennis court and gear hire available. 108 Isabella St, North Parramatta, 9806 5050
- 19** CBD River Foreshore Park and play equipment, Riverside, between O'Connell & Macarthur Sts
- 20** Parramatta Park exercise equipment
- 36** Westfield Parramatta, 159-175 Church Street, 8892 5200

- 38** Parramatta River, Adjacent to Parramatta CBD
- 39** Addventagous bicycle hire, Weekend hire between 10am-2pm from \$10/hour with a helmet. 34 Arnott Road, 0430 130 670
- 46** Parramatta Wharf, Charles St, 131 500 (transport info)
- 50** Parramatta Farmers' Markets, Open 8am-3pm Fridays. Centenary Square, 9806 5050
- 65** Parramatta Heritage & Visitor Information Centre, 346a Church St, 8839 3311

- ### DISCOVER
- Uncover the fascinating heritage that made Parramatta what it is today.
- 2** Parramatta Park Tudor Gatehouse, cnr Pitt & Macquarie Sts
 - 6** Old Government House, Parramatta Park, Pitt St, 9635 8149
 - 10** St Patrick's Cathedral, 1 Marist Pl, 8839 8400
 - 11** Female Factory Precinct, 1 Fleet St, 1800 054 495
 - 15** Parramatta Gaol, 73 O'Connell St
 - 24** Whitlam Institute at the Female Orphan School, Western Sydney University Campus

- 25** Elizabeth Farm Cottage, 70 Alice St, 9635 9488
- 26** Hambledon Cottage, 63 Hassall St, 9635 6924
- 27** Experiment Farm Cottage, 9 Ruse St, 9635 5655
- 33** Lancer Barracks, 2 Smith St, 4733 3951
- 34** Parramatta Town Hall, 182 Church St, 9806 5140
- 37** St John's Cemetery, O'Connell St
- 45** Parramatta Artists' Studio, Lvl 1 & 2, 68 Macquarie St, 9687 6090
- 51** St John's Anglican Cathedral, 187 Church St, 9891 0700

- 52** Eels artwork, Church St Mall
- 54** Flock artwork, Church St Mall
- 60** Brislington Medical & Nursing Museum, cnr George & Marsden Sts, 9630 8474
- 61** Justice Precinct Artworks, Marsden St, 1300 889 714 (visitor info)
- 66** Lennox Bridge, Church St
- 67** Riverside Theatres, cnr Church & Market Sts, 8839 3399
- 68** Aboriginal interpretive pathway, Riverside Walk

- ### TASTE
- Eat and drink your way around the city's restaurants, bars and cafés.
- 1** Gatehouse Tea Rooms, Cnr Pitt & Macquarie Sts, 9635 1515
 - 5** Lachlan's Restaurant, Old Government House, Parramatta Park, 9687 2662
 - 9** Parramatta Park Café, Gatehouse Entrance, 9630 0144
 - 14** Lake Parramatta Café, Lackey St, North Parramatta, 9890 8136
 - 16** Social Hideout, 2A/20 Victoria Rd, 8677 5226
 - 17** Tatra Delicatessen, 5/20 Victoria Rd, 9630 7109
 - 21** Port Bar, 36 Charles St, 9687 8823
 - 22** Courtney's Brasserie, 30 Charles St, 9635 3288
 - 23** Hong Fu North East Chinese, 22 Charles St, 9891 1225
 - 28** Indian Chopsticks, 77 Wigram St, 9891 4177
 - 29** Haveli Indian Restaurant, 67 Wigram St, 9635 0110
 - 30** Chatkazz, 4/14-20 Station St E, 8677 0033
 - 31** The Hungry Baker, 60 Station St, 9633 9088
 - 32** The Commercial Hotel, 2 Hassall St, 9635 8342
 - 35** Circa Espresso, 21 Wentworth St, 8896 6071

- 40** St Drogo's, 5/75 Phillip St (via Horwood Pl), 0401 517 993
- 41** Badmanner Thymes Espresso, 2/1 Horwood Pl, 8317 6392
- 42** Paper Plane Café, 5/2 Horwood Pl, 0400 888 772
- 43** Harvest Nourishing Food, 2 Horwood Pl, 9687 9130
- 44** Temasek, 71 George St, 9633 9926
- 47** Uncle Kurt's, Horwood Pl, 0401 585 026
- 48** Bourke Street Bakery, 1/186-190 Church St, 9893 9075
- 49** Double Mac Espresso, 8/186 Macquarie St
- 53** Jamie's Italian Trattoria, cnr Church & Macquarie Sts, 8624 6800
- 55** The Emporium, 51 Phillip St, 9687 1955
- 56** BAR:30 & TABLE:30, 30 Phillip St, 9689 3333
- 57** El-Phoenician Restaurant, 328 Church St, 9633 1611
- 58** Elevation Café, 31 Phillip St, 8840 9288
- 59** Gelato Messina, 283 Church St, 9635 3064
- 62** Kouzina Greco, 16 Phillip St, 9687 3669
- 63** Bavarian Bier Café, 2-8 Phillip St, 8836 1400
- 64** Restaurant 317, 317 Church St, 1300 317 317